# Lesson Plan

Setting Reachable Goals (fits any subject area) Prepared by: Joe Burk			
Designed For Science			
Can Also Be Use For			
Language Arts	Social Studies	Art	Music
Physical Education	Math	Advisory	Any subject area

ETHICAL SKILL: Working Hard

## **SUB-SKILL:**

**Setting Reachable Goals** 

### Level 1

### Immersion in Examples and Opportunities (Attend to the big picture, Learn to recognize basic patterns)

The teacher will read a lateral thinking question to the students and let them ask yes or no questions until they reach a solution. The teacher and students will then discuss the steps that were taken to solve the problem. (What kind of questions needed to be answered first? What connections needed to be made to come up with the final solution?)

#### Level 2

### Attention to Facts and Skills (Focus on detail and prototypical examples, Build knowledge)

As a class, set the criteria for some assignment (e.g., current event reports). Students should decide on number of reports for each student, and the content of each report.

#### Level 3

### Practice Procedures (Set goals, Plan steps of problem solving, Practice skills)

Students should choose an area of weakness (tests, labs, current events, daily work) and create 5 steps that they can take to become more successful. Each week the teacher and students will review the plan and the progress and decide if there are changes that need to be made to individual plans and to help the students reflect on their work.

#### Level 4

# **Integrate Knowledge and Procedures (Execute plans, Solve problems)**

Create a plan to complete an assignment or project. The student should outline all of the steps that will be taken to complete the project. This should include an outline of the tasks that need to be done on each day as well as time estimates.